

The 33 Chiropractic Principles

The 33 Chiropractic Principles

Ralph W. Stephenson, DC published a book in 1927 called

simply, “Chiropractic Textbook”. In it, he presented the core

principles of chiropractic.

1. **The Major Premise** – A Universal Intelligence is in all matter and continually gives to it all its properties and actions, thus maintaining it in existence.
2. **The Chiropractic Meaning of Life** – The expression of this intelligence through matter is the Chiropractic meaning of life.
3. **The Union of Intelligence and Matter** – Life is necessarily the union of intelligence and matter.
4. **The Triune of Life** – Life is a triunity having three necessary united factors, namely: Intelligence, Force and Matter.
5. **The Perfection of the Triune** – In order to have 100% Life, there must be 100% Intelligence, 100% Force, 100% Matter.
6. **The Principle of Time** – There is no process that does not require time.
7. **The Amount of Intelligence in Matter** – The amount of intelligence for any given amount of matter is 100%, and is always proportional to its requirements.
8. **The Function of Intelligence** – The function of intelligence is to create force.
9. **The Amount of Force Created by Intelligence** – The amount of force created by intelligence is always 100%.
10. **The Function of Force** – The function of force is to unite intelligence and matter.
11. **The Character of Universal Forces** – The forces of Universal Intelligence are manifested by physical laws; are unswerving and unadapted, and have no solicitude for the structures in which they work.
12. **Interference with Transmission of Universal Forces** – There can be interference with transmission

of universal forces.

13. **The Function of Matter** – The function of matter is to express force.

14. **Universal Life** – Force is manifested by motion in matter; all matter has motion, therefore there is universal life in all matter.

15. **No Motion without the Effort of Force** – Matter can have no motion without the application of force by intelligence.

16. **Intelligence in both Organic and Inorganic Matter** – Universal Intelligence gives force to both organic and inorganic matter.

17. **Cause and Effect** – Every effect has a cause and every cause has effects.

18. **Evidence of Life** – The signs of life are evidence of the intelligence of life.

19. **Organic Matter** – The material of the body of a “living thing” is organized matter.

20. **Innate Intelligence** – A “living thing” has an inborn intelligence within its body, called Innate Intelligence.

21. **The Mission of Innate Intelligence** – The mission of Innate Intelligence is to maintain the material of the body of a “living thing” in active organization.

22. **The Amount of Innate intelligence** – There is 100% of Innate Intelligence in every “living thing,” the requisite amount, proportional to its organization.

23. **The Function of Innate Intelligence** – The function of Innate Intelligence is to adapt universal forces and matter for use in the body, so that all parts of the body will have co-ordinated action for mutual benefit.

24. **The Limits of Adaptation** – Innate Intelligence adapts forces and matter for the body as long as it can do so without breaking a universal law, or Innate Intelligence is limited by the limitations of matter.

25. **The Character of Innate Forces** – The forces of Innate Intelligence never injure or destroy the structures in which they work.

26. **Comparison of Universal and Innate Forces** – In order to carry on the universal cycle of life, Universal forces are destructive, and Innate forces constructive, as regards structural matter.

27. **The Normality of Innate Intelligence** – Innate Intelligence is always normal and its function is always normal.

28. **The Conductors of Innate Forces** – The forces of Innate Intelligence operate through or over the nerve system in animal bodies.

29. Interference with Transmission of Innate Forces – There can be interference with the transmission of Innate forces.

30. The Causes of Dis-ease – Interference with the transmission of Innate forces causes incoordination or dis-ease.

31. Subluxations – Interference with transmission in the body is always directly or indirectly due to subluxations in the spinal column.

32. The Principle of Coordination – Coordination is the principle of harmonious action of all the parts of an organism, in fulfilling their offices and purposes.

33. The Law of Demand and Supply – The Law of Demand and Supply is existent in the body in its ideal state; wherein the “clearing house,” is the brain, Innate the virtuous “banker,” brain cells “clerks,” and nerve cells “messengers.”

